



UCLA W. Swimming and Diving
Contact: Stephanie Sampson (310/206-4008)

April 4, 2005
For Immediate Release

Blong, Renfrow and Strack Head to US Diving Open

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A trio of divers will head to the Mabee Memorial Aquatic Center in Midland, TX for the US Open (formerly The American Cup), April 6-10. Senior Janine Strack, junior Amanda Blong and freshman Brittany Renfrow will head to Texas to compete for a spot at the World University Games, and possibly other international competitions. The qualifying part of the meet will take place April 6 (W3M), and April 7 (WPI). The actual US Open will take place April 8-10 (WPI-4/9, W3M-4/10). A minimum of 12 participants in the qualifying meet will advance to the US Open. There will be a total of 24 competitors invited to compete in the US Open.

Arnold, Miesner, Nelson and Vandenberg at USA's

Junior Kim Vandenberg has had a solid meet in Indianapolis, as she finished sixth in the B final of the 100m Fly (1:01.48) and has the fourth-best 200m Fly time (2:12.94) going into Monday's final in that event. Sophomore Katie Arnold has also had a good competition, finishing eighth in the B final of the 100 Back (1:04.56) and 48th in the 50m Free (27.65). Sophomore Katie Nelson placed 24th in the 400m Free (4:21.71), while sophomore Isabel Miesner placed 35th in the 200m IM in a time of 2:23.96. The Bruins will continue competition through April 6 at the US Nationals.

Vandenberg Leads Bruins with Four All-American Honors

Kim Vandenberg highlighted the Bruins at the NCAA Championships, hosted by Purdue, as she picked up four All-American honors at the meet. Vandenberg placed third in the 200 Fly (1:55.08), 12th in the 100 Fly (53.60) and swam the second legs of the 200 and 400 Medley Relays to earn NCAA accolades. The 200 Medley team of Katie Arnold, Vandenberg, Eileen Seissen and Amy Thurman placed 11th (1:41.73), while the 400 Medley team of Arnold, Vandenberg, Nicolette Teo and Katie Nelson placed 13th (3:40.72), giving each member of the teams All-American honors. The Bruins placed 18th with 52 points, while the Georgia Bulldogs won with 609.5 pts.

Divers Do Well at Zone Championships

The UCLA divers competed well at the NCAA Zone E Championships March 10-12 with junior Paige Thompson posting the highest individual finish of the meet for the Bruins (7th, 1m, 520.55). Thompson also placed 10th on the three-meter (455.95). Junior Amanda Blong placed ninth on the three-meter (456.75) and 10th on the one-meter (507.70). Senior Janine Strack, competing in her final competition for the Bruins placed 10th on the platform (363.65) and 12th on the one-meter (494.60).

Bruins Fourth at Pac-10 Championships

Cyndi Gallagher's No. 11 UCLA swim and dive team finished fourth at the Pac-10 Championships (986 pts) as Stanford defended their 2004 crown, winning with 1,499 points. Arnold was the sole individual champion for UCLA, winning the 100 Backstroke in a school record time of 53.22. Vandenberg just missed a Pac-10

title, but broke her own school record, finishing second in the 200 Fly (1:54.99). Vandenberg also placed third in the 100 Fly in a time of 53.30, just missing her own school record (53.29). The 200 Medley team of Arnold, Seissen, Vandenberg, and Thurman also broke the school record, finishing third in a time of 1:40.75. Renfrow qualified for the Zone E Diving Championships with a score of 436.35 in the three-meter competition. Blong placed fourth in the one-meter competition with a score of 282.55.

UCLA Downs Trojans, 172.5-122.5

The No. 11 Bruin swim and dive team defeated USC on Saturday, Feb. 12, 172.5-122.5, to end the regular season 6-3 and 3-3 in the Pac-10. Junior Kim Vandenberg led the Bruins with two NCAA automatic qualifying marks (200 Free, 200 Fly), winning three individual events on the day.



UCLA Drops Two Up North

The Bruins fell to Stanford and Cal, dropping their record to 5-3 (2-3 Pac-10). UCLA lost at Stanford 176-124 and at Cal 161-139 as Vandenberg led the Bruins in both meets with triple wins in the 100 Fly, 200 Fly and 200 Free. Kim Scarborough (200 IM) and Jane Imagane (1000 Free) posted individual wins against Stanford in the 200 IM and 1000 Free respectively. Scarborough's 200 IM time of 1:49.69 was an NCAA "A" qualifying time. Against Cal, Imagane (1000 Free), Nicolette Teo (200 Breast) and Jeana Fuccillo (400 IM) also posted individual wins and NCAA "B" times.

2004-5 Swimming & Diving Schedule (6-3, 3-3)

Date	Opponent	Result/Record/Time
10/23	UCSB/OSU	W, 156-98/W, 149-18
11/5-6	Purdue Invitational	4th Place
11/12	@ U of San Diego	W, 168-85 (3-0, 1-0)
11/19	Arizona State	W, 174-123
11/20	Arizona	L, 149-148
12/2-5	Husky Invitational	All Day (Swim)
12/2-4	Texas Invitational	All Day (Dive)
1/15	UC San Diego	W, 165-80
1/28	@ Stanford	L, 176-124
1/29	@ California	L, 161-139
2/12	@ USC	W, 172.5-122.5
2/23-26	Pac-10 Championships	4th Place
3/10-12	NCAA Diving Zone E	All Day
3/17-19	NCAA Championships	18th, 52 pts.

Bruins in the Top-25 Rankings

Several UCLA athletes ranked in the top-25 of college swimming. Vandenberg led the Bruins with two top-25 rankings: third in the 200 Fly (1:54.99) and sixth in the 100 Fly (53.30). Katie Nelson ranked 13th in the 1650 Free (16:16.65), and Katie Arnold was 3rd in the 100 Back (53.22) and 17th in the 200 Back (1:57.16). The 800 Free Relay team ranked 14th (7:15.60) and the 200 Medley Relay team was 12th (1:40.70).

Bruins Easily Handle UC San Diego, 165-80

The #11 Bruins easily defeated UC San Diego Saturday, Jan. 15, 165-80 in the last home meet for seven seniors - Tamara Bal, Kellin Chatfield, Melissa Miller, Jeannette Nieto, Scarborough, Lindsey Smart and Janine Strack. The dive team swept the 3-meter and 1-meter competitions, placing 1-5 in each event. Paige Thompson won the 1-meter (271.80), while Amanda Blong (283.85) won the 3-meter. In swimming action, eight meet records and two pool records were broken as the Bruins improved to 10-0 all-time against the Tritons. Vandenberg set a pool record in the 200 Free, while the 800 Free relay team of Vandenberg, Imagane, Nelson, and Shannon Hackett also set a pool record in 7:21.64). Vandenberg won the 100 (53.95) and 200 Fly (1:56.29), While Yamamoto won the 200 Breast (2:17.50) and 200 IM (2:05.05) and Luisa Los-Santos won the 100 Breast (1:04.43) and 100 Free (52.34).

Husky/Texas Invitationals

Both the swim and dive team had strong showings at their respective invitationals Dec. 2-5. The dive team had six top-10 finishes with junior Thompson placing fourth on the 3M and fifth on the 1M with season best marks. Junior Blong placed sixth in both the 3M and 1M, recording a personal best by 20 points in the 3M, and senior Strack finished fifth on the platform and 10th in the 3M.

At the Husky Invite, UCLA had 39 top-10 finishes and several Bruin swimmers posted NCAA "B" qualifying times. UCLA's only individual winner was sophomore Imagane in the 1650 Free (16:35.57). Teo swam 2:16.16 in the 200 Breast. Scarborough (4:20.56) and Jeana Fuccillo (4:23.27) swam qualifying marks in the 400 IM. Scarborough also qualified in the 200 Back (2:00.39).

Arizona State and Arizona

UCLA split November 19-20 against the Arizona schools, defeating Arizona State 174-123 on Friday, Nov. 19, while falling to Arizona on Saturday, Nov. 20 by just one point, 149-148. The Bruins now hold a 14-8-1 record against the Sun Devils and a 14-9 record against the Wildcats. Against ASU, the Bruins had 10 individual event winners, highlighted by Vandenberg's three victories (200 Fly, 100 Free, 100 Fly), Imagane's two victories (1000 Free, 500 Free) and Katie Arnold's two victories (100 Back, 50 Free). The Bruins also won the 200 Medley Relay and 400 Free Relay. Against Arizona, Vandenberg (100 Fly, 100 Free, 200 Fly) and Imagane (1000 Free,

500 Free) led the team again with multiple event victories, while diver Blong added points, winning the 1-meter and 3-meter diving competition.

Purdue Invitational

The Bruins finished fourth at the Purdue Invitational November 5-6 with an impressive showing from the swimmers and divers. Thompson won the three-meter diving competition, while teammate Strack finished second in the platform. Thompson, Strack and Blong each picked up their NCAA Zone qualifying marks at the meet. Vandenberg led the Bruins in the pool with a pair of victories in the 100 Fly (54.10) and 200 Fly (1:55.69), picking up NCAA qualifying marks in the process. In all, 12 women finished in the top-10 in their events against strong competition. The Bruins will return to Purdue in March for the NCAA Championships.

University of San Diego

The Bruins defeated the Toreros' 168-85 to improve their record to 3-0 on the season. Smart and Courtney Iversen led the Bruins in San Diego recording multiple victories in their respective events. Smart won the 100 Back, 100 Fly and 200 Back, while Iversen one the 200 Free and 200 Breast. In all, UCLA won 12 of 14 events against the Toreros.

UCSB and Oregon State

The Bruins opened up the 2004-05 season with victories over the Gauchos and Beavers, defeating UCSB 156-98 and OSU 149-108. UCLA is now 21-0 all-time against Santa Barbara and 4-0 against the Beavers. Vandenberg led the Bruins with three event victories (200 Free, 50 Free, and 100 Fly), while Imagane (1000 Free, 500 free) and Yamamoto (200 Breast, 400 IM) recorded double victories.

College Swim Coaches Association of America Poll

In the final College Swim Coaches Association of America poll, released March 11, the Bruins were ranked No. 10 in the nation with 125 points. Georgia held the top spot (200 points), with the 2004 National Champions Auburn ranked second (192 points). Five Pac-10 schools, including UCLA, were ranked in the top-15: Stanford (5th), Arizona (6th), Cal (11th), and ASU (15).

Head Coach Cyndi Gallagher

Head Coach Cyndi Gallagher is in her 17th season at the helm of the UCLA swimming program. Gallagher recorded her 100th career win against crosstown rival USC last season ('04) and now holds an impressive 106-52-1 career record.

Last season, the Bruins finished second to Stanford at the Pac-10 Championships and seventh at the NCAA Championships, where 12 school records fell.

